

2009 MUTUAL OF ENUMCLAW OMNIUM STAGE RACE

Western Washington's Biggest, Most Competitive Cycling Event

May 30th and 31st
14th Year



Enumclaw, Washington
40 miles south of Seattle

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| Race Information: | http://www.mutualofenumclaw.com/stagerace/default.html or Email: mutualofenumclaw2009@live.com |
| Registration: | Pre registration only! No Day of Race Registration. Register online at www.SportsBaseOnline.com . Final day to register is May 29th. Day of race licenses will be available at packet pickup for those who have preregistered and do not have a USAC license (Only- Cat 4 W, Cat 5 M are eligible). ORBA Categories 3, 4 & 5 can purchase one day license (Men/Women 3 & Men 4 must show ORBA license). All international riders with a UCI license are required to purchase a USAC one day license. |
| Entry Fees: | \$65 Online at www.SportsBaseOnline.com Fees include USAC and WSBA surcharges. No Refunds after May 29th. You may also register by check for \$75. Checks should be payable to <u>Avanti Racing Club</u> and mailed to MOE Registration, c/o Bill Reid, 4736 46 th Avenue NE, Seattle, WA 98105. You <u>must</u> include a USA Cycling Event Release Form with your check. Check must be <u>received</u> by May 28 th . The USAC Event Release Form is available at http://www.usacycling.org/forms/waiver.php?url=rider_release.pdf . |
| Enumclaw Services: | Call or visit the website of the Enumclaw Chamber of Commerce (360) 825-7666 http://www.enumclawchamber.com/ . |
| Race Headquarters: | Park Center Hotel, 1000 Griffin Ave. (360) 825-4490. Hours: Friday May 29th from 5-9:30 PM, Saturday May 30st 7 AM-9 PM, Sunday May 31 st 7AM – 5 PM |
| Rider Check-in and Number pickup: | Friday May 29th from 5-9:30 PM, Saturday May 30st 7:00-11:30 AM at The Park Center Hotel. Current USAC license must be presented at check-in (one-day licenses only available per note in registration section above). Juniors - use Series numbers. All other numbers issued in packet. |
| Race Format and Courses: | <u>Omnium format</u> . Standings are based on points awarded for each stage. You must START all three events to be eligible for Omnium points and prizes. See "Tech Guide" for details at the above link. See http://www.mapmyride.com/event/united-states/wa/enumclaw/900049638680 for course maps. |
| Prizes: | Total Prizes \$10,000.00. Omnium -- Pro/1/2 awarded prizes 16 deep in the GC, all other categories awarded prizes 10 deep. Individual Stages -- Prizes awarded to top three finishers in each category in each stage |

| Category | TT | Crit | RR | Field |
|---|-------|--------|-------|-------|
| Pro/1/2 Men | 10 KM | 60 min | 72 mi | 80 |
| Cat. 3 Men | 10 KM | 40 min | 58 mi | 75 |
| Cat 4 Men | 10 KM | 30 min | 44 mi | 75 |
| Cat 5 Men | 10 KM | 20 min | 30 mi | 50 |
| Masters Men A/B (35+ Cat 1/2)/(35+ Cat 3) (45+ Cat 1/2) | 10 KM | 35 min | 58 mi | 50 |
| Masters Men C/D (35+ Cat 4/5)(45+ Cat 3) (50+) | 10 KM | 30 min | 44 mi | 75 |
| 1/2/3 Women (Cat 3 scored separately) | 10 KM | 40 min | 58 mi | 50 |
| Cat. 4 Women | 10 KM | 20 min | 44 mi | 50 |
| Junior A/B (M 17-18 & W 17-18) (M15-16 & W15-16) | 10 KM | 20 min | 30 mi | 20 |
| Junior C/D (M13-14 & W13-14) (M 10-12 & W 10-12) | 10 KM | 15 min | 10 mi | 30 |

| Points |
|--|
| Road race (15 deep): 25,20,16,14,12,10,9,8,7,6,5,4,3,2,1 + KOM (2, 1) every lap |
| Criterium (15 deep): 25,20,16,14,12,10,9,8,7,6,5,4,3,2,1 + Points Primes |
| Time Trial (10 deep): 10,9,8,7,6,5,4,3,2,1 + Pain! |

Race Schedule (Schedule subject to change by Chief Referee at race site)

| Time Trial (Saturday AM) | | Criterium (Saturday PM) | | Road Race (Sunday) | |
|--------------------------|----------|-------------------------|---------|--------------------------|----------|
| Juniors A/B/C/D | 8:00 AM | Junior C/D | 1:30 PM | Cat 4 Men | 8:30 AM |
| Cat 4/5 Men | 8:27 | Junior A/B | 1:55 | Masters C/D | 8:35 AM |
| Masters Men C/D | 9:32 | Cat 5 Men | 2:25 | Junior A/B | 8:40 AM |
| Masters Men A/B | 10:14 | Cat 4 Men | 2:55 | Cat 5 Men | 8:45 AM |
| Cat 3 Men | 10:41 | Women Cat 4 | 3:35 | Women Cat 4 | 8:50 AM |
| Women 1/2/3/4 | 11:23 | Kid's Races | 4:05 | Junior C/D – hill finish | 8:55 AM |
| Pro/1/2 Men | 12:15 PM | Masters C/D | 4:35 | Pro 1/2 Men | 12:00 PM |
| | | Masters A/B | 5:15 | Masters A/B | 12:05PM |
| | | Cat 3 Men | 6:00 | Cat 3 Men | 12:10 PM |
| | | Women 1/2/3 | 6:50 | Women 1/2/3 | 12:15 PM |
| | | Pro 1/2 | 7:40 PM | | |



A portion of the proceeds goes to
 Special Olympics Washington